

# Intimacy After Breast Cancer 

Gine M. Maisano

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Congratulations! You survived breast cancer. This should be a time to celebrate-so why do you feel so empty and alone? Medical professionals prepare you for surgery and
other treatments, but do not always address your emotional and sexual health. In Intimacy After Breast Cancer, breast cancer survivor Gina Maisano honestly discusses the
sensitive issues of self-esteem, body image, and sexuality to help you become the total woman you still are.

Part One begins by examining the emotions experienced by breast cancer survivors, including anxiety and fear of recurrence. It then offers guidance on regaining the confidence to start living again. The mental and physical
effects of post-surgical medications are discussed, along with solutions for maintaining optimum health. Part Two focuses on rediscovering your sexuality. In a compassionate manner, it addresses the issues that most often challenge both single and married women and presents suggestions
for overcoming them.

Love and intimacy do not have to end with a breast cancer diagnosis. In Intimacy After Breast Cancer, Gina Maisano will help you rediscover the joys of being a woman.

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## From reader reviews:

## Lucy Fletcher:

Have you spare time for a day? What do you do when you have much more or little spare time? That's why, you can choose the suitable activity for spend your time. Any person spent all their spare time to take a move, shopping, or went to often the Mall. How about open or read a book eligible Intimacy After Breast Cancer? Maybe it is for being best activity for you. You realize beside you can spend your time along with your favorite's book, you can more intelligent than before. Do you agree with their opinion or you have additional opinion?

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In this era which is the greater person or who has ability to do something more are more special than other. Do you want to become one of it? It is just simple approach to have that. What you are related is just spending your time not much but quite enough to possess a look at some books. Among the books in the top list in your reading list will be Intimacy After Breast Cancer. This book which is qualified as The Hungry Hillsides can get you closer in becoming precious person. By looking up and review this publication you can get many advantages.

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