



Rancho La Puerta Cookbook

Bill Wavrin

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Just a few miles south of the border in Baja, the Rancho La Puerta spa has been attracting guests to its tranquil environment and renowned program for more than fifty-five years. But after mountain hikes timed to watch the sunrise, stretch-and-tone classes, and massages, what guests look forward to most is the stunning spa cuisine created by chef Bill Wavrin.

The breakfast buffet features the spa's famous Rancho La Puerta Granola, Persian Pancakes, and Banana Bran Muffins. Leisurely lunches on the patio bring Curried Carrot Soup with Dill or Lentil and Sun-dried Tomato Salad. And dinner selections include Enchiladas with Salsa Mexicana, Pasta with Shiitake Mushrooms and Moroccan Lemons, or Butternut Squash with Mushrooms.

Now, everyone can prepare these unique low-fat, high-flavor dishes at home. Inspired by the vibrant flavors of the Southwest and northern Mexico, with a sprinkling of other international cuisines, *The Rancho La Puerta Cookbook* is the next best thing to spending a sun-drenched week at the spa.

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Elizabeth Ramsey:

A lot of people always spent their free time to vacation or maybe go to the outside with them household or their friend. Do you know? Many a lot of people spent many people free time just watching TV, or playing video games all day long. If you would like try to find a new activity that's look different you can read some sort of book. It is really fun for you personally. If you enjoy the book which you read you can spent 24 hours a day to reading a reserve. The book Rancho La Puerta Cookbook it is extremely good to read. There are a lot of individuals who recommended this book. These folks were enjoying reading this book. Should you did not have enough space to bring this book you can buy typically the e-book. You can m0ore quickly to read this book from your smart phone. The price is not to cover but this book provides high quality.

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