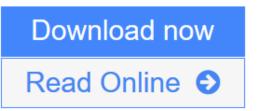


# Diets Don't Work: Now You Can Become ''Naturally Thin'' Step-By-Step When All Else Fails

Bob Schwartz



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## Diets Don't Work: Now You Can Become "Naturally Thin" Step-By-Step When All Else Fails

**Bob Schwartz** 

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A commonsense approach to permanent weight loss draws on the latest research to help readers discover why they have not lost weight and to introduce effective methods for losing weight without dieting. Original. *IP*.



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