



The Prostate Monologues: What Every Man Can Learn from My Perplexing Experience with Prostate Cancer

Jack McCallum

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Recently diagnosed with prostate cancer and approaching surgery, Jack McCallum wanted to tackle the confusion, misconceptions, and conflicting medical advice that so many men struggle with when thinking about the disease. So he got to work writing *The Prostate Monologues*.

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Through the lens of his own experience, McCallum attacks the nitty-gritty questions about prostate cancer that men think about (but may be too bashful to ask their doctors) with honesty and humor. For example, "When is it safe to attempt intercourse, or at least, self-inflicted orgasm?" Or, if you have surgery, "What's it like the first time you shop for adult diapers?" With wry humor, McCallum decodes the sometimes-confusing jargon of medical professionals so that it is understandable and relatable to "regular" men.

Prostate cancer is the second most common cancer among men and the second most fatal. Worse than the obvious commonality and mortality of the disease, though, is the fact that prostate cancer can rob a man of his manhood. Accordingly, McCallum handles the subject not only with care and knowledge, but also with good cheer. Through the honest telling of his own story, and drawing on the latest research, McCallum shares insight into what's worked for him--and what's proven to work--in surviving cancer with your sense of humor intact.

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