



Awakening: Life Lessons from the Sidhe

Rionagh na Ard

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Awakening: Life Lessons from the Sidhe Rionagh na Ard

Awakening: Life Lessons from the Sidhe is an open window into a cooperative relationship that spans two dimensions and several millennia, bringing healing in its wake. As the author begins to awaken to who and what she is and reach toward peace, balance, and wholeness, she connects with and receives instruction from one of the Sidhe over a period of several years. This contact from the faery realm turns out to be much more than just a mentor and guide, but before the true nature of his relationship to the author is revealed, he gives her a treasure trove of advice on how to deal with many of the everyday challenges and frustrations that people encounter in their lives. Part channeled work, part personal account, this book covers a wide range of topics applicable to the human experience. From insights on anger, stress and relationships to instruction on working with energy and manifestation, the Sidhe's communications are delivered with patience, humor, and compassion.

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