



# Plants as Medicine: Healing Compounds Derived from Medicinal Herbs

*James Pendleton*

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## **Plants as Medicine: Healing Compounds Derived from Medicinal Herbs** James Pendleton

Plants as Medicine is a brief biochemical exploration of several plant compounds with medicinal properties. These compounds are substantiated with current research, and have been used for thousands of years in traditional healing systems. Plants as Medicine is meant as an inspiration and resource for those seeking an informed approach to herbal medicine. While designed for health care professionals, everyone may enjoy a better understanding of plant medicine.

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