



# Orthopaedic Biomechanics Made Easy

*Shahbaz S. Malik, Sheraz S. Malik*

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## **Orthopaedic Biomechanics Made Easy** Shahbaz S. Malik, Sheraz S. Malik

Orthopaedic surgeons require not only an understanding of anatomy and clinical sciences, and competence in surgical skills, but also a strong foundation in biomechanics. The application of biomechanics plays an increasing role in modern orthopaedics; for example, correct decisions about the mode of treatment and choice of implants are just as important as operating precisely to reach a specific anatomical landmark. This book simplifies the core principles in orthopaedic biomechanics, giving readers the solid grounding they need to flourish in the specialty. Each topic is covered in a discrete, double-page spread, featuring concise text accompanied by illustrations or tables to give readers a solid understanding of the concepts discussed. This is a must-read guide for orthopaedic trainees at every level, and will be valuable for biomechanical researchers and other professionals in the field.

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