

The Only Sugar Free Cakes & Bakes Recipes You'll Ever Need!

The Cake & Bake Academy



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If you're on a sugar-free diet, or aiming to eliminate added sugar from your diet, then that doesn't mean that you have to miss out on your favourite sweets and treats!

This book brings together a wonderful collection of delicious and nutritious recipes that utilise natural sugar alternatives such as dates, applesauce, Stevia and Splenda to make a whole host of amazing cakes, bakes, cookies, sweets and desserts.

These easy to follow recipes offer a healthier alternative to the usual refined sugar-laden processed cakes we have become used to, and are easy to make at home and be enjoyed by all!

Whether you're craving chocolate cake or brownies, red velvet cupcakes or apple pie, banana bread or peanut butter cookies....this book has them all!

- * Delicious natural sweet alternatives used!
- * Cut out sugar without missing out on your favourite cakes & bakes!
- * Cakes, cupcakes, brownies, cookies, desserts, sweets and more!
- * The ONLY Sugar-Free cakes and bakes recipes you'll ever need!



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