

Handbook of Adult Primary Care



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A practical and well-organized clinical reference for primary care providers. For clinical usefulness, the book is divided into chapters according to body systems - each reflecting specialty areas for referral. Emphasizes primary care concepts of health, proceeding from normal to abnormal to establish the aetiological background. Information is then provided about how a problem can be recognized and what to do about it. A "details of management" section covers laboratory tests, treatment measures, instructions for medications, patient education, guidelines for return visits and referrals and more. In addition to normal anatomy and physiology, the text considers conditions which tend to be ignored by general practitioners, such as dental care, refractive errors, obesity and alcoholism. Also covers the latest contraceptive methods, immunization recommendations and information on AIDS. Can be used as a complete overview of a system or for specific reference to a clinical problem.



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