



The Little Book of Heartbreak: Love Gone Wrong Through the Ages

Meghan Laslocky

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The perfect anti-valentine: a whirlwind tour through love's most crushing moments

What's the best way to mend a broken heart? Forget ice cream, wine, and sappy movies. Journalist Meghan Laslocky advises: Read through the pain. From forbidden love in 12th century Paris to the art of crafting the perfect "I'm over you" mix CD, *The Little Book of Heartbreak* is a quirky exploration of all things lovelorn, including:

- How serial cheater Ernest Hemingway stole his wife's job just as their marriage was collapsing
 - Kinky spells cast by lovesick men in ancient Greece
 - Painter Oscar Kokoschka's attempt to get over an ex by creating (and having liaisons with!) her life-size replica
 - Brooding crooner Morrissey's personal creed about how romantic love is useless
 - The surprising science behind heartbreak and love addiction
 - The connection between World War II and what you talk about with your therapist
 - Insights into the tricky chemistry of monogamy and infidelity, courtesy of tiny rodents
- And other lessons learned from ill-fated romances, lovers' quarrels, and hell-hath-no-fury spats throughout the ages

Featuring anecdotes from history, literature, culture, art and music, *The Little Book of Heartbreak* shares the entertaining, empowering and occasionally absurd things that happen when love is on its last legs.

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