



Nutrition Counseling & Communication Skills, 1e

Katharine R. Curry PhD RD, Amy Jaffe MS RD LD

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This text explains how to talk with patients about nutrition effectively. It offers detailed counseling and communications strategies, a wealth of case examples, and discussions of relevant social, cultural, and psychological factors that give readers a practical, hands-on approach to developing their counseling skills. Includes clinical examples, scenarios, and activities.

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