



This Is Where You Belong: The Art and Science of Loving the Place You Live

Melody Warnick

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In the spirit of Gretchen Rubin's megaseller *The Happiness Project* and Eric Weiner's *The Geography of Bliss*, a journalist embarks on a project to discover what it takes to love where you live

The average restless American will move 11.7 times in a lifetime. For Melody Warnick, it was move #6, from Austin, Texas, to Blacksburg, Virginia, that threatened to unhinge her. In the lonely aftermath of unpacking, she wondered: *Aren't we supposed to put down roots at some point? How does the place we live become the place we want to stay?* This time, she had an epiphany. Rather than hold her breath and hope this new town would be her family's perfect fit, she would figure out how to fall in love with it—no matter what.

How we come to feel at home in our towns and cities is what Warnick sets out to discover in *This Is Where You Belong*. She dives into the body of research around place attachment—the deep sense of connection that binds some of us to our cities and increases our physical and emotional well-being—then travels to towns across America to see it in action. Inspired by a growing movement of placemaking, she examines what its practitioners are doing to create likeable locales. She also speaks with frequent movers and loyal stayers around the country to learn what draws highly mobile Americans to a new city, and what makes us stay. The best ideas she imports to her adopted hometown of Blacksburg for a series of Love Where You Live experiments designed to make her feel more locally connected. Dining with her neighbors. Shopping Small Business Saturday. Marching in the town Christmas parade.

Can these efforts make a halfhearted resident happier? Will Blacksburg be the place she finally stays? What Warnick learns will inspire you to embrace your own community—and perhaps discover that the place where you live right now . . . is home.

From the Hardcover edition.

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From reader reviews:

Willie Blackburn:

The book *This Is Where You Belong: The Art and Science of Loving the Place You Live* can give more knowledge and information about everything you want. So just why must we leave a very important thing like a book *This Is Where You Belong: The Art and Science of Loving the Place You Live*? Wide variety you have a different opinion about reserve. But one aim this book can give many data for us. It is absolutely proper. Right now, try to closer along with your book. Knowledge or details that you take for that, you could give for each other; you could share all of these. Book *This Is Where You Belong: The Art and Science of Loving the Place You Live* has simple shape however you know: it has great and large function for you. You can seem the enormous world by start and read a book. So it is very wonderful.

Cynthia Miller:

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Christopher Arredondo:

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Janice Burgess:

Spent a free time for you to be fun activity to accomplish! A lot of people spent their down time with their family, or their particular friends. Usually they carrying out activity like watching television, gonna beach, or picnic inside park. They actually doing same every week. Do you feel it? Do you wish to something different to fill your current free time/ holiday? Could possibly be reading a book might be option to fill your totally free time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to try out look for book, may be the reserve untitled *This Is Where You Belong: The Art and Science of*

Loving the Place You Live can be excellent book to read. May be it can be best activity to you.

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