



Acrobaddict

Joe Putignano

Download now

Read Online 

[Click here](#) if your download doesn't start automatically

Acrobaddict

Joe Putignano

Acrobaddict Joe Putignano

Follow the author as he goes on a harrowing journey from the US Olympic Training Center to homeless shelters to shooting heroin on the job to being declared dead. This story goes beyond addiction. It is about the fragility and tenacity of the human spirit and how that spirit can redeem each and every one of us by helping to push us through the darkness, whether the darkness is from death, divorce, or the disease of addiction.

Acrobaddict is a story about the close relationship between athletics and drug addiction—how the same energy, obsession, and dedication that can create an Olympic athlete can also create a homeless drug addict.

PUBLISHERS WEEKLY (Starred review) After reading former Olympic gymnastics hopeful Putignano's sinister yet intoxicating memoir of addiction, recovery, and more addiction, you wind up feeling like one of his closest friends. The first-time author, who now portrays Crystal Man in Cirque du Soleil's traveling production of Totem, divulges what must be nearly every significant detail of his journey from the basement of his parents' Massachusetts home, where as an 8-year-old he taught himself flips using old couch cushions; to the U.S. Olympic Training Center in Colorado Springs, where the author's insane quest for perfection exposed his insecurities and triggered his self-loathing; and finally to a seemingly never-ending series of addict escapades throughout his college and post-college years that somehow did not even climax after he was twice declared clinically dead. Putignano's homosexuality plays a crucial role in his story, and it is the one topic here he handles delicately. Elsewhere, his prose is unfiltered: graphic and intimate. Prone to hyperbole to the point of distraction, Putignano nevertheless writes so vividly about his highs that readers practically experience them with him. Similarly, his lows drop them into the private circles of hell on earth he created. A more powerful anti-drug missive would be tough to find. (Sept.)

LIBRARY JOURNAL (July 22, 2013) Dale Farris, Groves, TX—Former star acrobatic contortionist and gymnast of the Cirque du Soleil's "Totem," performer in Twyla Tharp's musical *The Times They Are A'changin*, and guest on Dr. Sanjay Gupta's CNN show *Human Factor*, Putignano, shares his heartfelt, emotionally wrenching story of addiction to heroin. Putignano's memoir takes readers on an unsettling journey from his experience in the U.S. Olympic Training Center to homeless shelters to shooting heroin on the job, and even being declared dead. His vivid, brutally honest story begins with his realizing at an early age his innate talent for gymnastics, followed by his obsession with becoming an Olympic gymnastic champion, how he abandoned his Olympic hopes to chase his love of heroin, and ultimately how he managed to overcome his addiction and move into long-term recovery and stability. The narrative is replete with colorful descriptions of his many harrowing experiences, and deep musings that have formed the foundation for his commitment to remain free of drugs and a shining light for others who may be seeking guidance. *VERDICT* Putignano's honest memoir of drug abuse is a valuable addition to substance-abuse literature. His status as a successful gymnast and performer helps connect readers, and his impressive, erudite style results in a highly credible addition to this rapidly saturating genre.

 [Download Acrobaddict ...pdf](#)

 [Read Online Acrobaddict ...pdf](#)

Download and Read Free Online Acrobaddict Joe Putignano

Download and Read Free Online Acrobaddict Joe Putignano

From reader reviews:

Joan Jackson:

Here thing why this Acrobaddict are different and reputable to be yours. First of all reading through a book is good but it depends in the content of the usb ports which is the content is as yummy as food or not. Acrobaddict giving you information deeper since different ways, you can find any book out there but there is no e-book that similar with Acrobaddict. It gives you thrill examining journey, its open up your eyes about the thing in which happened in the world which is perhaps can be happened around you. You can easily bring everywhere like in park, café, or even in your technique home by train. If you are having difficulties in bringing the paper book maybe the form of Acrobaddict in e-book can be your alternate.

Reinaldo Downs:

Now a day those who Living in the era everywhere everything reachable by match the internet and the resources inside can be true or not involve people to be aware of each details they get. How many people to be smart in acquiring any information nowadays? Of course the correct answer is reading a book. Reading a book can help people out of this uncertainty Information specifically this Acrobaddict book as this book offers you rich details and knowledge. Of course the info in this book hundred per-cent guarantees there is no doubt in it you know.

Joseph Langley:

People live in this new day time of lifestyle always try to and must have the spare time or they will get lot of stress from both way of life and work. So , if we ask do people have free time, we will say absolutely sure. People is human not only a robot. Then we request again, what kind of activity do you have when the spare time coming to you of course your answer can unlimited right. Then do you ever try this one, reading books. It can be your alternative in spending your spare time, the book you have read is Acrobaddict.

Donald Goodman:

Is it an individual who having spare time then spend it whole day by watching television programs or just resting on the bed? Do you need something new? This Acrobaddict can be the respond to, oh how comes? The new book you know. You are and so out of date, spending your time by reading in this new era is common not a nerd activity. So what these books have than the others?

Download and Read Online Acrobaddict Joe Putignano

#S3GDP496T80

Read Acrobaddict by Joe Putignano for online ebook

Acrobaddict by Joe Putignano Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Acrobaddict by Joe Putignano books to read online.

Online Acrobaddict by Joe Putignano ebook PDF download

Acrobaddict by Joe Putignano Doc

Acrobaddict by Joe Putignano Mobipocket

Acrobaddict by Joe Putignano EPub

Acrobaddict by Joe Putignano Ebook online

Acrobaddict by Joe Putignano Ebook PDF