



# The Stammering Handbook: A Definitive Guide to Coping With a Stammer

*Jenny Lewis*

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# The Stammering Handbook: A Definitive Guide to Coping With a Stammer

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## **The Stammering Handbook: A Definitive Guide to Coping With a Stammer** Jenny Lewis

Many people regard stammering as a joke, reinforced by the fact that they are usually portrayed on film and television as figures of fun: Michael Palin in a Fish Called Wanda, Ronnie Barker in Open All Hours. But for those who stammer - and there are half a million in Britain -the affliction is a constant source of misery and embarrassment. The Stammering Handbook aims to help stammerers of all ages cope with it in everyday life - at work, at home, at school, at play. It will be illustrated with case histories and contains advice and help for friends and relations, too. Fully endorsed by and written with the help of The British Stammering Association, THE STAMMERING HANDBOOK is essential reading.

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