



## **200 recetas bajas en grasa (Spanish Edition)**

*Cara Hobday*

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The books in this series each feature 200 recipes that use readily accessible ingredients and feature techniques well within the ability of any cook, regardless of skill level. Full-color photographs walk readers through creating a variety of healthy, delicious, stylish dishes that pamper the palate and are perfect for any occasion.

*Cada libro de esta colección incluye 200 recetas que utilizan ingredientes fáciles de encontrar y procedimientos muy asequibles para cualquier cocinero, sea cual sea su nivel. Fotografías a todo color ayudan a los lectores a crear saludables, sabrosos platos con estilo que miman el paladar y son perfectos para cualquier ocasión.*

A wide selection of healthy recipes is featured in this book, including main dishes such as Lamb with Hummus and Tortillas and desserts such as Mango Passion Fruit Trifle.

*Una selección amplia de recetas saludables se presenta en este libro, incluyendo platos principales como Cordero con paté de garbanzos y tortillas y postres como Dulce de bizcocho de mango y maracuyá.*

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