



The Memory Book: The Classic Guide to Improving Your Memory at Work, at School, and at Play

Harry Lorayne, Jerry Lucas

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Unleash the hidden power of your mind through Harry Lorayne and Jerry Lucas's simple, fail-safe memory system, and you can become more effective, more imaginative, and more powerful, at work, at school, in sports and play. Discover how easy it is to: file phone numbers, data, figures, and appointments right in your head; learn foreign words and phrases with ease; read with speed--and greater understanding; shine in the classroom--and shorten study hours; dominate social situations, and more.

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