

Finding Your Voice: A step-by-step guide for actors (Nick Hern Books)

Barbara Houseman



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A Complete Voice Training Manual For Actors

A simple, step-by-step manual, written by an RSC voice coach, which offers everything that an actor needs to work on their voice. Suitable for actors at all levels, from students and young professionals to established and experienced actors. Drama teachers in schools and committed amateur actors who want to increase their vocal skills and understanding will also find it invaluable.

Includes sections on:

- Preparation
- Body Work
- Breathing and Support
- Breathing Into Sound: Supporting the Voice
- Releasing the Sound
- Filling out the Sound: Resonance
- Extending the Sound: Range
- Shaping the Sound: Articulation
- Trouble-Shooting.

Each chapter begins with a brief introduction, then clearly and succinctly sets out a sequence of relevant exercises - accompanied by simple diagrams - ending with a summary of what we have learned.

'Brilliantly guides the actor using exercises and tools that can revolutionise the voice. It's a boon!' Joseph Fiennes

'Barbara's work is simple and practical, encouraging each actor to be free and fluid with their own voice... Very inspiring' Emily Watson 'Barbara has a great understanding of the way that actors' anxieties can affect their voice. Her tone is calm, reassuring and good humoured' Niamh Cusack

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From reader reviews:

Jasmine Myers:

The book Finding Your Voice: A step-by-step guide for actors (Nick Hern Books) has a lot info on it. So when you check out this book you can get a lot of gain. The book was written by the very famous author. The author makes some research previous to write this book. This specific book very easy to read you may get the point easily after reading this book.

Donald Jefferies:

People live in this new day time of lifestyle always attempt to and must have the spare time or they will get lots of stress from both way of life and work. So, when we ask do people have time, we will say absolutely sure. People is human not a robot. Then we request again, what kind of activity are you experiencing when the spare time coming to anyone of course your answer will probably unlimited right. Then ever try this one, reading textbooks. It can be your alternative in spending your spare time, the particular book you have read is actually Finding Your Voice: A step-by-step guide for actors (Nick Hern Books).

Mindy Arredondo:

Within this era which is the greater individual or who has ability in doing something more are more valuable than other. Do you want to become considered one of it? It is just simple way to have that. What you are related is just spending your time not much but quite enough to enjoy a look at some books. On the list of books in the top collection in your reading list is definitely Finding Your Voice: A step-by-step guide for actors (Nick Hern Books). This book and that is qualified as The Hungry Slopes can get you closer in getting precious person. By looking upwards and review this e-book you can get many advantages.

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