



## **Cancer Patients and Their Families: Readings on Disease Course, Coping, and Psychological Interventions**

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Cancer is the second most common cause of death in the US - one in three Americans will eventually develop some form of cancer. It is an illness that is difficult and complex to manage as well as emotionally and financially draining. "Cancer Patients and Their Families" is a collection of reprinted articles that provides heartening evidence that behavioural and psychosocial interventions play a critical role in reducing emotional stress, enhancing coping, improving adjustment and improving treatment outcomes for cancer patients. The articles reflect the increased interest in behavioural, psychological and social factors in cancer prevention and treatment, with the goal of improving the quality of life of patients with cancer at all stages through counselling and educational programmes. By introducing this relatively new area of research and practice, the editors hope to encourage psychologists to develop expertise in psycho-oncology, a vital emerging area of healthcare.

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