



The Complete Mushroom Hunter: An Illustrated Guide to Finding, Harvesting, and Enjoying Wild Mushrooms

Gary Lincoff

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Do you know your mushrooms? This is the only mushrooming book that will introduce you safely and with confidence to the not-so “underground” hobby of mushroom hunting and gathering.

Gathering edible wild food is a wonderful way to forge a connection to the earth. Mushrooms are the ultimate local food source; they grow literally everywhere, from mountains and woodlands to urban and suburban parks to your own backyard. The Complete Mushroom Hunter will enrich your understanding of the natural world and build an appreciation for an ancient, critically relevant, and useful body of knowledge. Amateur mycologists and mushroom enthusiasts will find this is a guidebook for their passion.

Mushroom guru Gary Lincoff escorts you from the mushroom’s earliest culinary awakening, through getting equipped for mushroom forays, to preparing and serving the fruits of the foray, wherever you live.

Inside you’ll find:

- A brief, but colorful history of mushroom hunting worldwide
- How to get equipped for a mushroom foray
- A completely illustrated guide to the common wild edible mushrooms and their poisonous look-alikes: where to find them, how to identify them, and more
- How to prepare and serve the fruits of your foray, plus more than 30 delicious recipes
- Plus, dozens of colorful, priceless anecdotes from living the mushroom lifestyle

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Sonya Wright:

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