



# Marni: My True Story of Stress, Hair-Pulling, and Other Obsessions (Louder Than Words)

*Marni Bates*

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**Marni: My True Story of Stress, Hair-Pulling, and Other Obsessions (Louder Than Words)** Marni Bates

Marni pulls. Pulls her hair, that is.

Unable to deal with the mounting stress at home, in school, and with friends, Marni's compulsion to pluck out her eyebrows, eyelashes . . . even the hair from the top of her head, helped her to quiet her mind and escape the pressures of the world around her.

Marni first began pulling the summer just before entering high school, and she was immediately hooked. Unfortunately, by the time she discovered that her habit was an actual disorder—trichotillomania or "trich"—it was way too late. "When I stared at the mirror and tried to recognize the girl without eyebrows, eyelashes, and bangs as myself and failed, I knew something had gone horribly wrong."

*Because Truth Is More Fascinating Than Fiction*

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### **From reader reviews:**

#### **Matthew Wallace:**

Playing with family within a park, coming to see the water world or hanging out with friends is thing that usually you could have done when you have spare time, subsequently why you don't try matter that really opposite from that. Just one activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love Marni: My True Story of Stress, Hair-Pulling, and Other Obsessions (Louder Than Words), you can enjoy both. It is excellent combination right, you still wish to miss it? What kind of hang-out type is it? Oh come on its mind hangout men. What? Still don't understand it, oh come on its identified as reading friends.

#### **Richard Martinez:**

Are you kind of occupied person, only have 10 or maybe 15 minute in your day time to upgrading your mind talent or thinking skill actually analytical thinking? Then you are experiencing problem with the book than can satisfy your short period of time to read it because this time you only find publication that need more time to be learn. Marni: My True Story of Stress, Hair-Pulling, and Other Obsessions (Louder Than Words) can be your answer as it can be read by anyone who have those short time problems.

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