

Light and Easy Baking

Beatrice Ojakangas



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Over 200 low fat, easy, and delicious recipes for baking everything from breads to buns, pies and tarts, muffins and rolls, cobblers, crisps, cakes, and cookies. The author is a highly regarded author of 18 cookbooks, and is a spokesperson for Sears Roebuck and a consultant for Pillsbury. In this book she provides sensible tips and techniques for flavorful and low fat baking, including a section on bread machine breads and doughs.



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