



The Southern Kitchen Garden: Vegetables, Fruits, Herbs and Flowers Essential for the Southern Cook

William D. Adams, Tom LeRoy

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A kitchen garden, or *potager*, is a celebration of the seasons: brimming with vegetables, herbs, flowers, and even fruit trees, it's our link with nature and a source for fresh produce. The kitchen garden has always been an important part of life in the rural south, at times meaning the difference between being well-fed or going to bed hungry. In recent times, the kitchen garden has become fashionable, and now more and more homeowners (in cities, suburbs, as well as the country) are reaping the delicious rewards of growing their own food. A kitchen garden needs little more than a small raised bed, so an aspiring gardener with only a modest backyard will have plenty of room to get started. Have a sprawling yard and an appetite for an agricultural adventure? The kitchen gardener can try his hand at some produce requiring a little more space: fruit trees, corn, or pumpkins.

Starting with location and soil preparation (where most gardens thrive or fail), authors William D. Adams and Thomas R. LeRoy will take you step-by-step into the world of the southern kitchen garden. Planting guides for each fruit and vegetable, useful information on propagation and pest-control, recipes scattered throughout, and Adams' own beautiful photography make *The Southern Kitchen Garden* truly essential reading for all gardeners ready to bring along their produce from seed to the supper table.

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