



My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records

Yolanda Holder

[Download now](#)

[Read Online](#) 

[Click here](#) if your download doesn't start automatically

My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records

Yolanda Holder

My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records Yolanda Holder

Yolanda Holder is the Guinness World Record holder of "Most Marathons Run in a Calendar Year". She power walked 106 marathons in 2010 and has more than 14 years of power walking marathons. Her goal is to empower, motivate and encourage people to get fit, be healthy, and raise awareness for health and fitness in adults. Yolanda lives in California and is married with two grown children. Never EVER underestimate the power of the walker. You know how many times The Walking Diva has smoked me in a marathon? And I'm a superhero! And the kicker is that she looks like a super model on the runway every time, even after 26.2 grueling miles. Yolanda Holder is truly a gem"! - -Endorphin Dude- Yolanda is a true Champion, both as a runner and as a caring human being. As a runner, Yolanda displays raw courage and perservance and will finish a race, whether 5 miles or 100 miles, despite extreme fatigue and injury. However, when Yolanda sees someone struggling or in need of help or encouragement, Yolanda's focus moves from the race to finding a way to encourage and help the person struggling. Yolanda is a wonderful person, whom I can proud to call my friend. -Larry Macon, Three time Guinness World Record holder- "In 2010 Yolanda Holder set a world record. Inspired to give a greater voice to diabetes, Yolanda set out to complete 106 marathons in 52 weeks. Without any outside assistance or funding, she achieved all her goals and became known as the "Walking Diva". Yolanda is a friend to many and an inspiration to thousands. Her story is a remarkable journey of strength, conviction and sheer determination". -Joseph Taricani, Show Host The Marathon Show

 [Download My Journey to Guinness: Walking Diva Walking My Way Int ...pdf](#)

 [Read Online My Journey to Guinness: Walking Diva Walking My Way I ...pdf](#)

Download and Read Free Online My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records Yolanda Holder

Download and Read Free Online My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records Yolanda Holder

From reader reviews:

Calvin Baker:

The book untitled My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records is the publication that recommended to you to learn. You can see the quality of the book content that will be shown to you actually. The language that article author use to explained their ideas are easily to understand. The article writer was did a lot of exploration when write the book, so the information that they share to you personally is absolutely accurate. You also could get the e-book of My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records from the publisher to make you considerably more enjoy free time.

Mike Greene:

Spent a free time and energy to be fun activity to do! A lot of people spent their sparetime with their family, or all their friends. Usually they performing activity like watching television, gonna beach, or picnic from the park. They actually doing ditto every week. Do you feel it? Will you something different to fill your current free time/ holiday? May be reading a book is usually option to fill your free of charge time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to consider look for book, may be the guide untitled My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records can be great book to read. May be it may be best activity to you.

Daniel Young:

You may get this My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by browse the bookstore or Mall. Merely viewing or reviewing it can to be your solve challenge if you get difficulties for ones knowledge. Kinds of this e-book are various. Not only by written or printed but in addition can you enjoy this book through e-book. In the modern era just like now, you just looking by your local mobile phone and searching what their problem. Right now, choose your own ways to get more information about your reserve. It is most important to arrange you to ultimately make your knowledge are still up-date. Let's try to choose correct ways for you.

Nathan Weaver:

Some individuals said that they feel uninterested when they reading a book. They are directly felt it when they get a half areas of the book. You can choose the book My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records to make your reading is interesting. Your skill of reading proficiency is developing when you just like reading. Try to choose simple book to make you enjoy to read it and mingle the idea about book and examining especially. It is to be first opinion for you to like to start a book and learn it. Beside that the book My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records can to be your brand-new friend when you're truly feel alone and confuse with the information must you're doing of these time.

**Download and Read Online My Journey to Guinness: Walking Diva
Walking My Way Into the Guinness Book of World Records
Yolanda Holder #W1YOPXLTS2C**

Read My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by Yolanda Holder for online ebook

My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by Yolanda Holder Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by Yolanda Holder books to read online.

Online My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by Yolanda Holder ebook PDF download

My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by Yolanda Holder Doc

My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by Yolanda Holder Mobipocket

My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by Yolanda Holder EPub

My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by Yolanda Holder Ebook online

My Journey to Guinness: Walking Diva Walking My Way Into the Guinness Book of World Records by Yolanda Holder Ebook PDF